



# Alcohol and Drug Withdrawal Management and Rehabilitation Services

Version 1.0 - Current as of 05/06/2026

**adis**

24/7  
ALCOHOL  
AND DRUG  
SUPPORT

[adis.health.qld.gov.au](https://adis.health.qld.gov.au)

☎ **1800 177 833**  
(free call)



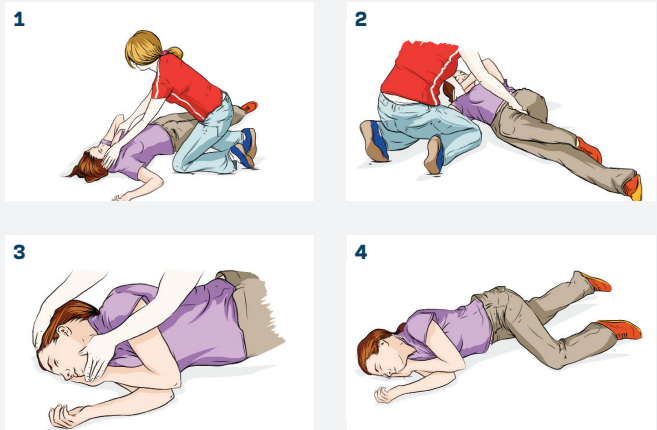
## About this booklet

It can be difficult for people to know where to start when seeking advice, support or treatment for alcohol or other drug use. There are many different treatment options available and this booklet provides specific information on withdrawal management and rehabilitation support services. This booklet is broken down into geographical areas within Queensland and may assist with locating services in your local area.

Unfortunately, there can be 'wait times' before commencing with a service. Please contact the listed service directly to discuss options that might suit your needs. Alternatively, if you need further information or immediate support call Adis 24/7 Alcohol and Drug Support on **1800 177 833**.

## What should I do in an emergency?

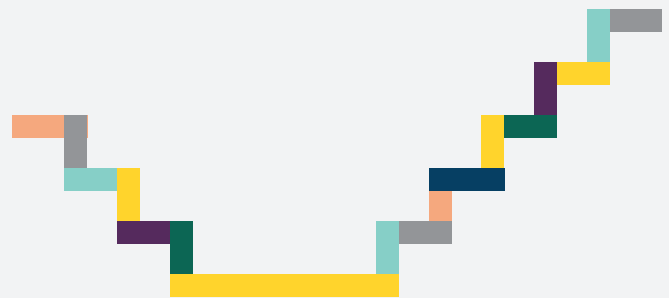
If someone has collapsed or lost consciousness, call an ambulance on **triple zero (000)**. If they have stopped breathing commence CPR. If they are breathing normally place them into the recovery position and wait with them until the ambulance arrives.



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## Withdrawal Management

also called 'withdrawal' or 'detox'

### Understanding Withdrawal Management

#### What is it and how it can help

Withdrawal management provides support for people when they are stopping or cutting back their use of alcohol or other drugs and can help people manage their withdrawal symptoms.

Withdrawal management as a stand alone treatment has limited effectiveness. Treatment outcomes are enhanced when people engage in further treatment such as counselling, rehabilitation, or by joining a support group.

**Withdrawing from alcohol or benzodiazepines without medical supervision can be life-threatening and people are encouraged to seek medical advice and support.**

#### What to expect

People can feel unwell during a withdrawal and may require medical treatment. This could include the short-term use of prescribed medications to help people manage their *physical* and *psychological* withdrawal symptoms. Treatment usually takes between 5 - 7 days but it may be longer for some substances such as benzodiazepines.

During an inpatient withdrawal the person may be admitted to a hospital, or another treatment facility. During an outpatient withdrawal the person stays at home (or another safe place) with daily visits to a health professional. In some cases a GP may be able to manage an outpatient withdrawal. To find out more about which setting is most suitable speak to your GP, local alcohol and drug service, or contact Adis 24/7 Alcohol and Drug Support on **1800 177 833**.

### Things to consider when choosing a Withdrawal Management Service

- Is it an outpatient or inpatient service?
- How long is the withdrawal management program?
- What is the assessment process and is a referral from a doctor needed?
- What are the costs and is there a fee?
- Do I need to live in a particular area to access the service?
- Is public transport nearby? If not, how do I get there?
- Are there any exclusions?
- Is there follow up support after completing the withdrawal?

### Other things to consider if choosing an inpatient Withdrawal Management Service

- Is smoking or vaping allowed and/or is nicotine replacement therapy offered?  
**Please note:** In Queensland vaping products containing nicotine are illegal, unless on prescription.
- Can I bring my children or can they visit?
- Are there restrictions on other visitors, phone calls, or leave away from the service?
- Are there any restrictions on personal devices e.g. mobile phones, tablets / iPads, laptops?

## Withdrawal Management Services Key Information Guide

Although withdrawal management programs can be similar they each have their own entry requirements and exclusions. The symbols below are provided as a guide only.

- ♂ = Male admission only
- ♀ = Female admission only
- 🏳️‍🌈 = LGBTIQ+
- 🇺🇸 = Aboriginal and Torres Strait Islander Service
- 🕒 = Age range
- 👶 = Youth friendly service
- 📅 = Length of program
- 🚬 = Designated smoking areas
- 💰 = Cost
- 🚫 = Exclusions
- 📞 = Phone during these times for admission information
- 🚫📞 = Restrictions on prescribed medications e.g. Methadone / Suboxone



## Withdrawal Management Services

### Qld Health Alcohol and Other Drug Services (AODS)

Queensland Health AODS provide confidential support for people with alcohol and other drug concerns and may offer withdrawal management programs. To find or learn more about your closest Qld Health AODS and the services they provide contact Adis 24/7 Alcohol and Drug Support on **1800 177 833**.

### Brisbane

#### Biala Acute Care Service

Brisbane.

📞 (07) 3837 5600 | Mon - Fri | 8:00am - 5:00pm  
Sat - Sun / Public holidays | 8:30am - 3:30pm

🕒 **16+** 📅 **7 days** 💰 **Free** 🏳️‍🌈

**Additional notes:** Outpatient.

#### Hospital Alcohol and Drug Service (HADS)

Royal Brisbane and Women's Hospital.  
Herston.

📞 Contact Adis on 1800 177 833  
Mon - Sun | 8:00am - 7:00pm

🕒 **18+** 📅 **5 - 7 days** 💰 **Free** 🏳️‍🌈

**Additional notes:** Inpatient. Referral from a Health Professional required.

#### Brisbane Recovery Services Centre - Moonyah (Salvation Army)

Red Hill.

📞 (07) 3369 0355 | Mon - Sun | 24hrs

🕒 **18+** 📅 **7 - 10 days** 💰 **Free** 🏳️‍🌈

🚫 History of seizures or high-level benzodiazepine or methadone/buprenorphine use.

**Additional notes:** Inpatient.

#### Clarence Street

Mater Young Adult Health Centre.  
South Brisbane.

📞 (07) 3163 8400 | Mon - Fri | 8:00am - 4:30pm

👶 🕒 **13 - 21** 📅 **11 days** 💰 **Free** 🏳️‍🌈

🚫📞 To be discussed at intake assessment.

## Ipswich

### Lives Lived Well

Raceview.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

🕒 **18+** 📅 **5 days - 7 days** 🏳️‍🌈

💰 To be discussed at intake assessment.

**Additional notes:** Inpatient. Admission suitability is determined through intake assessment.

## Caboolture

### Lives Lived Well

Caboolture.

☎ 1300 727 957 | Mon - Fri | 8:00am - 4:00pm

🕒 **18+** 📅 **5 days** 💰 **Free** 🏳️‍🌈

**Additional notes:** Outpatient.

## Gold Coast

### Gold Coast Recovery Services Centre - Fairhaven (Salvation Army)

☎ 1300 111 827 | Mon - Fri | 8:30am - 4:00pm

🕒 **18+** 📅 **7 - 14 days** 🏳️‍🌈 🚫

💰 **Free (Subject to costs associated with Medicare)**

🚫 History of seizures or high-level benzodiazepine use. Convicted of violent or sex offences.

🗨️ To be discussed at intake assessment.

**Additional notes:** Inpatient withdrawal management for those with low to moderate needs.

## Wide Bay-Burnett

### Bridges Health and Community Care

Gayndah.

☎ 1800 263 274 | Mon - Fri | 8:30am - 5:00pm

🕒 **12+** 📅 **7 - 14 days** 💰 **Free** 🏳️‍🌈

🚫 People who are dependent on opioids.

**Additional notes:** Outpatient shared care withdrawal management with the client's GP and Bridges Health and Community Care nurse.

### Bridges Health and Community Care

Maryborough.

☎ 1800 263 274 | Mon - Fri | 8:30am - 5:00pm

🕒 **12+** 📅 **7 - 14 days** 💰 **Free** 🏳️‍🌈

🚫 People who are dependent on opioids.

**Additional notes:** Outpatient shared care withdrawal management with the client's GP and Bridges Health and Community Care nurse.

### Bridges Health and Community Care

Hervey Bay.

☎ 1800 263 274 | Mon - Fri | 8:30am - 5:00pm

🕒 **12+** 📅 **7 - 14 days** 💰 **Free** 🏳️‍🌈

🚫 People who are dependent on opioids.

**Additional notes:** Outpatient shared care withdrawal management with the client's GP and Bridges Health and Community Care nurse.

### Bridges Health and Community Care

Bundaberg.

☎ 1800 263 274 | Mon - Fri | 8:30am - 5:00pm

🕒 **12+** 📅 **7 - 14 days** 💰 **Free** 🏳️‍🌈

🚫 People who are dependent on opioids.

**Additional notes:** Outpatient shared care withdrawal management with the client's GP and Bridges Health and Community Care nurse.

### Lives Lived Well

Bundaberg.

☎ 1300 727 957 | Mon - Fri | 8:00am - 4:00pm

🕒 **18+** 📅 **5 - 10 days** 🏳️‍🌈

💰 To be discussed at intake assessment.

**Additional notes:** Inpatient.

Withdrawal management is co-located and can be booked alongside residential rehabilitation where clinically appropriate. Admission suitability is determined through intake assessment.

## Central Queensland

### Binbi Yadubay - Healthy Beginnings Lives Lived Well

Rockhampton.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

👤 **18+** 📅 **5 - 10 days** 🇺🇲

💰 To be discussed at intake assessment.

**Additional notes:** Inpatient.

Withdrawal management is co-located and can be booked alongside residential rehabilitation where clinically appropriate. Admission suitability is determined through intake assessment.

### Gumbi Gumbi Aboriginal and Torres Strait Islanders Corporation

Rockhampton.

📞 (07) 4922 8355 | Mon - Wed | 9:00am - 4:00pm

🇺🇲 🇸🇮 🇸🇪 🇸🇩 🇸🇪 🇸🇪 🇸🇪 🇸🇪 🇸🇪 **18+** 📅 **7 - 14 days** 🇺🇲

💰 **270 per week.**

**Additional notes:** Inpatient 2 bed withdrawal management for those with mild to moderate needs. Aboriginal and Torres Strait Islander service but open to all people.

## North and Far North Queensland

### Lives Lived Well

Mackay.

📞 1300 727 957 | Mon - Fri | 8:30am - 4:00pm

👤 **18+** 📅 **5 days** 💰 **Free** 🇺🇲

**Additional notes:** Outpatient.

### Stagpole Street Drug and Alcohol Rehabilitation Unit (BlueCare)

Townsville.

📞 (07) 4722 7130 | Mon - Fri | 8:00am - 3:30pm

🇺🇲 🇸🇮 🇸🇪 🇸🇪 🇸🇪 🇸🇪 🇸🇪 **18+** 📅 **7 days** 🇺🇲

💰 **via Centrelink payment.** 🇺🇲

🚫 No couples

**Additional notes:** Inpatient 4 bed withdrawal management for those with mild to moderate needs. Aboriginal and Torres Strait Islander service but open to all people.

### Townsville Recovery Services Centre (Salvation Army)

Garbutt (Townsville).

📞 (07) 4772 3607 | Mon - Fri | 8:00am - 4:00pm

👤 **18+** 📅 **5 - 10 days** 💰 **Free** 🇺🇲 🇸🇪

🚫 To be discussed at intake assessment.

🚫 History of seizures or high-level use

**Additional notes:** Inpatient withdrawal management for those with mild to moderate needs.

### Cairns Day Withdrawal Unit

Cairns.

📞 (07) 4226 2777 | Mon - Fri | 8:30am - 4:00pm

👤 **18+** 📅 **5 - 14 days** 💰 **Free** 🇺🇲

**Additional notes:** Outpatient day withdrawal management for alcohol only.

### Lives Lived Well

Cairns.

📞 1300 727 957 | Mon - Fri | 8:30am - 4:00pm

👤 **18+** 📅 **5 days** 💰 **Free** 🇺🇲

**Additional notes:** Outpatient.



## Private Hospital Withdrawal Management Services

### Brisbane and surrounds

#### Damascus Health Services - Brisbane Private Hospital

Spring Hill.

📞 (07) 3834 6475 | Mon - Sun | 8:00am - 5:00pm

👤 **18+** 📅 **14 days** 🇺🇦 🇧🇷

💰 **Self-funded approx \$1500 per day or Private Health funded with pre-admission costs / DVA / WorkCover Queensland.**

**Additional notes:** Inpatient. Alcohol, cannabis or prescription medications only. Referral from a GP or Psychiatrist required.

#### Ramsay Clinic New Farm

New Farm.

📞 (07) 3254 9100 | Mon - Fri | 8:00am - 5:00pm

👤 **18+** 📅 **7 - 21 days** 🇺🇦 🇧🇷

💰 **Self-funded approx \$11000 per week or Private Health / DVA / WorkCover Queensland.**

**Additional notes:** Inpatient. Referral from a GP or Psychiatrist required.

#### Pine Rivers Private Hospital

Strathpine.

📞 (07) 3881 7222 | Mon - Fri | 8:00am - 4:00pm

👤 **18+** 📅 **5 days+** 🇺🇦 🇧🇷

💰 **Self-funded or Private Health / DVA / WorkCover Queensland / NDIS packages.**

**Additional notes:** Inpatient. Referral from a GP or Psychiatrist required.

## Gold Coast

#### Currumbin Clinic

Currumbin.

📞 1800 119 118 | Mon - Fri | 7:30am - 8:00pm

👤 **18+** 📅 **5 - 21 days** 🇺🇦 🇧🇷

💰 **Self-funded \$7000 per week or Private Health / DVA / WorkCover Queensland.**

🚫 To be discussed at intake assessment.

🚫 To be discussed at intake assessment.

**Additional notes:** Inpatient. Referral from a Health Professional required.

## Sunshine Coast

#### Ramsay Clinic Caloundra

Caloundra.

📞 (07) 5491 1522 | Mon - Fri | 8:30am - 4:00pm

👤 **17+** 📅 **7 - 21 days** 🇺🇦 🇧🇷

💰 **Self-funded approx \$1000 per day or Private Health / DVA / WorkCover Queensland.**

**Additional notes:** Inpatient. Referral from a GP or Psychiatrist required.

## Rehabilitation Services also called 'rehab'

### Understanding Rehabilitation

#### What is it and how can it help

Rehabilitation offers intensive and structured treatment for people who are experiencing significant harms due to their alcohol or other drug use.

Rehabilitation focuses on relearning life skills and coping without the use of alcohol or other drugs. There can be different approaches which vary between rehabilitation services but they usually include a mix of one-on-one counselling, group work, peer support meetings, and team / community building exercises.

Rehabilitation can help people focus their energy on positive lifestyle changes and take some 'time out' while they work on their alcohol or drug concerns.

#### What to expect

Rehabilitation can be offered as a 'residential' or 'non-residential' program and requires a commitment from people to remain abstinent from all substances. Rehabilitation is a longer term treatment, usually between 6 weeks and 12 months. In a residential rehab a person lives in the treatment facility which provides 24 hour support.

Non-residential rehab (sometimes called 'Dayhab') offers daily, intensive, and structured treatment for people who wish to remain living at home.

Prior to attending a rehabilitation program, a person is required to complete a withdrawal management / detoxification. For information on withdrawal management options, please refer to page 3 in this booklet, or contact Adis 24/7 Alcohol and Drug Support on **1800 177 833**.

## Things to consider when choosing a Rehabilitation Service















- Is it a residential or non-residential program (i.e. dayhab) program?
- How long is the program?
- What is the assessment process?
- What are the costs and is there an upfront fee?
- Do I need a referral from a GP / Psychiatrist?
- Are individual counselling sessions provided?
- Do I need to live in a particular area to access the service?
- What are the rules I need to abide by to be part of the program?
- Is public transport nearby? If not, how do I get there?
- Are there restrictions on prescribed medications? e.g. Methadone / Suboxone, Benzodiazepines.
- Is there follow up support after completing the rehabilitation program?
- Is smoking or vaping allowed and/or is nicotine replacement therapy offered?  
**Please note:** In Queensland vaping products containing nicotine are illegal, unless on prescription.

## Other things to consider if choosing a Residential Rehabilitation Service

- What do I need to bring?
- Do I get my own room?
- Can I bring my children, or can they visit?
- Are there restrictions on other visitors, phone calls, or leave away from the service?
- Are there restrictions on personal devices e.g. mobile phones, tablets / iPads, laptops?

## Rehabilitation Services Key Information Guide

Although rehabilitation programs can be similar, they have their own admission criteria. The symbols below are provided as a guide only.








-  = Male admission only
-  = Female admission only
-  = LGBTIQ+
-  = Families
-  = Aboriginal and Torres Strait Islander Service
-  = Age range
-  = Youth friendly service
-  = Length of program
-  = Faith-based program
-  = Designated smoking areas
-  = Cost
-  = Exclusions
-  = Phone during these times for admission information
-  = Restrictions on prescribed medications e.g. Opioid Treatment Program (OTP) or Opioids, Benzodiazepines.










## Residential Rehabilitation Services

### Brisbane








#### Brisbane Recovery Services Centre - Moonyah (Salvation Army) Red Hill.

 (07) 3369 0922 | Mon - Fri | 8:00am - 4:00pm  
 **18+**  **3 months+**    
 **via Centrelink payment or self-funded.**  
 Convicted of sex offences.









#### Clarence Street - Thread Program

Mater Young Adult Health Centre.  
 South Brisbane.  
 (07) 3163 8400 | Mon - Fri | 8:00am - 4:30pm  
  **13 - 17**  **10 weeks**   **Free**  
 To be discussed at intake assessment.









#### Greater Brisbane AOD Residential Services The Haven (St Vincent de Paul Society)

Woolloongabba.  
 0438 129 282 | Mon - Fri | 7:30am - 3:30pm  
   **18+**  **12 weeks**   
 **400 per fortnight or via Centrelink payment.**

#### Greater Brisbane AOD Residential Services Lucinda House (St Vincent de Paul Society)

Fairfield.  
 0438 129 282 | Mon - Fri | 7:30am - 3:30pm  
   **18+**  **12 weeks**   
 **400 per fortnight or via Centrelink payment.**  
 Women who are pregnant.

#### Greater Brisbane AOD Residential Services House of Hope (St Vincent de Paul Society)

Corinda.  
 0438 129 282 | Mon - Fri | 7:30am - 3:30pm  
   **18+**  **12 weeks**   
 **400 per fortnight or via Centrelink payment.**  
 Women who are pregnant.

## Ipswich

### Lives Lived Well

Ipswich.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

🕒 **18+** 📅 **6 - 12 weeks** 🏳️‍🌈

💰 To be discussed at intake assessment.

**Additional notes:** Admission suitability is determined through intake assessment.

## Caboolture

### Lives Lived Well WUNYA

Caboolture.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

🕒 **18+** 📅 **6 - 12 weeks** 🏳️‍🌈

💰 **740 admission fee + \$50 medication bond, and ongoing contribution of 85% of Centrelink benefit or self-funded.**

**Additional notes:** Admission suitability is determined through intake assessment.

### Noffs - Palm Youth Rehab

Caboolture.

📞 (07) 3149 8263 | Mon - Fri | 9:00am - 5:00pm

🕒 **13 - 17** 📅 **12 weeks** 🏳️‍🌈 💰 **160 per week.**

🗨️ To be discussed at intake assessment.

**Additional notes:** Contact service for eligibility criteria.

## Logan

### Logan House (Lives Lived Well)

Chambers Flat.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

🕒 **18+** 📅 **6 - 12 weeks** 🏳️‍🌈

💰 **740 admission fee + \$50 medication bond, and ongoing contribution of 85% of Centrelink benefit or self-funded.**

**Additional notes:** Admission suitability is determined through intake assessment.

### Logan Family Recovery (Lives Lived Well)

Chambers Flat.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

👤 **Parents 18 + with up to 2 children aged 9 & under** 📅 **3 months** 🏳️‍🌈

💰 **via Centrelink payment + non-refundable \$680 admission fee.**

**Additional notes:** Admission suitability is determined through intake assessment.

## Gold Coast

### Gold Coast Recovery Services Centre - Fairhaven (Salvation Army)

📞 1300 111 827 | Mon - Fri | 8:30am - 4:00pm

🕒 **18+** 📅 **12 weeks+** 🏳️‍🌈 🇵🇸 🇸🇪 🇸🇯

💰 **via Centrelink payment.**

🚫 Convicted of violent or sex offences.

### Goldbridge

Southport.

📞 (07) 5503 1255 | Mon - Fri | 8:00am - 5:00pm

🕒 **21+** 📅 **1 - 6 months** 🏳️‍🌈 🇵🇸 🇸🇪 🇸🇯

💰 **595 per fortnight or via Centrelink payment.**

🚫 Convicted of violent or sex offences.

### Mirikai (Lives Lived Well)

Burleigh Heads.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

🕒 **18 - 35** 📅 **6 - 12 weeks** 🏳️‍🌈

💰 **740 admission fee + \$50 medication bond, and ongoing contribution of 85% of Centrelink benefit or self-funded.**

**Additional notes:** Admission suitability is determined through intake assessment.

## Sunshine Coast

### WHOS Najara - Sunshine Coast

Nambour.

📞 (07) 5476 0877 | Mon - Fri | 9:00am - 4:00pm

🕒 **18+** 📅 **4 - 6 months** 🏳️‍🌈 🇵🇸 🇸🇪 🇸🇯

💰 **via Centrelink payment.**

## Toowoomba

### Sunrise Way

Toowoomba.

📞 (07) 4638 9091 | Mon - Fri | 9:00am - 5:00pm

👤 **18+** 📅 **24 weeks** 🇺🇸 🇦🇺 🇯🇲 🇵🇰

💰 **\$650 per week or via Centrelink payment + pre-admission costs.**

### Teen Challenge (New Life Centre)

Toowoomba.

📞 (07) 3422 1500 | Mon - Fri | 9:00am - 4:00pm

**Males and females in separate facilities.**

♀️ 👤 **18 - 39** ♂️ 👤 **18 - 45** 🇺🇸 🇦🇺 🇯🇲 🇵🇰

📅 **3 - 12 months**

💰 Upfront admission fee + Centrelink payment.

**Additional notes:** 📖 Faith based service.

## Wide Bay-Burnett

### Lives Lived Well

Bundaberg.

📞 1300 727 957 | Mon - Fri | 8:00am - 4:00pm

👤 **18+** 📅 **6 - 12 weeks** 🇺🇸 🇦🇺 🇯🇲 🇵🇰

💰 To be discussed at intake assessment.

**Additional notes:** Admission suitability is determined through intake assessment.

## Central Queensland

### Binbi Yadubay - Healthy Beginnings (Lives Lived Well)

Rockhampton.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

👤 **18+** 📅 **6 - 12 weeks** 🇺🇸 🇦🇺 🇯🇲 🇵🇰

💰 To be discussed at intake assessment.

**Additional notes:** Admission suitability is determined through intake assessment.

### Binbi Yadubay - Healthy Beginnings Family Recovery (Lives Lived Well)

Rockhampton.

📞 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

👤 **Parents 18 + with up to 2 children aged 9 & under** 📅 **6 - 12 weeks** 🇺🇸 🇦🇺 🇯🇲 🇵🇰

💰 **\$720 per fortnight or Centrelink payment + \$790 pre-admission cost (covers first 2 weeks).**

🗑️ To be discussed at intake assessment.

🚫 Convicted of violent or sex offences.

### Gumbi Gumbi Aboriginal and Torres Strait Islanders Corporation

Rockhampton.

📞 (07) 4922 8355 | Mon - Wed | 9:00am - 4:00pm

👤 **18+** 📅 **2 - 12 weeks** 🇺🇸 🇦🇺 🇯🇲 🇵🇰 🇸🇯

💰 **\$270 per week.**

**Additional notes:** Aboriginal and Torres Strait Islander service but open to all people.

## North and Far North Queensland

### St Vincent de Paul Society Drug and Alcohol Residential Recovery Service

Mackay.

📞 (07) 4957 9500 | Mon - Sun | 24hrs

👤 **18+** 📅 **12 weeks** 🇺🇸 🇦🇺 🇯🇲 🇵🇰 🇸🇯

💰 **\$400 per fortnight or via Centrelink payment.**

### St Vincent de Paul Society Drug and Alcohol Residential Recovery Service Townsville

Kelso (Townsville).

📞 (07) 4417 4501 | Mon - Fri | 8:00am - 4:00pm

👤 **18+** 📅 **12 weeks** 🇺🇸 🇦🇺 🇯🇲 🇵🇰 🇸🇯

💰 **\$400 per fortnight or via Centrelink payment.**





## Sunshine Coast

### Ramsay Clinic Caloundra

Caloundra.

📞 (07) 5491 1522 | Mon - Fri | 8:30am - 4:00pm

🕒 **17+** 📅 **3 weeks** 🇺🇸

💰 **Self-funded approx \$1000 per day or Private Health / DVA / WorkCover Queensland.**

**Additional notes:** Inpatient. Referral from a GP or Psychiatrist required.



## Non-Residential Rehabilitation Services, also called 'Dayhab'

### Brisbane

#### Springboard

Spring Hill.

📞 (07) 3308 4513 | Mon - Fri | 8:30am - 3:30pm

🕒 **18+** 📅 **6 weeks** 🇺🇸 💰 **Free.**

🚫 To be discussed at intake assessment.

**Additional notes:** Program involves six weeks of group three days a week (Tues, Wed and Thurs) and 12 weeks of individual support and aftercare.

🚫 Contact service for essential eligibility criteria.

#### Lives Lived Well DAY REHAB

Woolloongabba.

📞 1300 727 957 | Mon - Fri | 8:00am - 4:00pm

🕒 **18+** 📅 **3 weeks** 🇺🇸 💰 **Free.**

🚫 To be discussed at intake assessment.

**Additional notes:** The dayhab is a three week program running four days a week (Tues, Wed, Thurs and Fri) with one week of pre support and post support offered.

### Ipswich

#### Drug ARM Day Rehabilitation Program

Ipswich.

📞 (07) 3620 8880 | Mon - Fri | 9:00am - 4:00pm

🕒 **18+** 📅 **12 weeks** 🇺🇸 🇸🇦 💰 **Free.**

**Additional notes:** The program runs from Monday to Wednesday from 9:30am to 2:30pm with one hour of case management on Thursday or Friday.



## Notes

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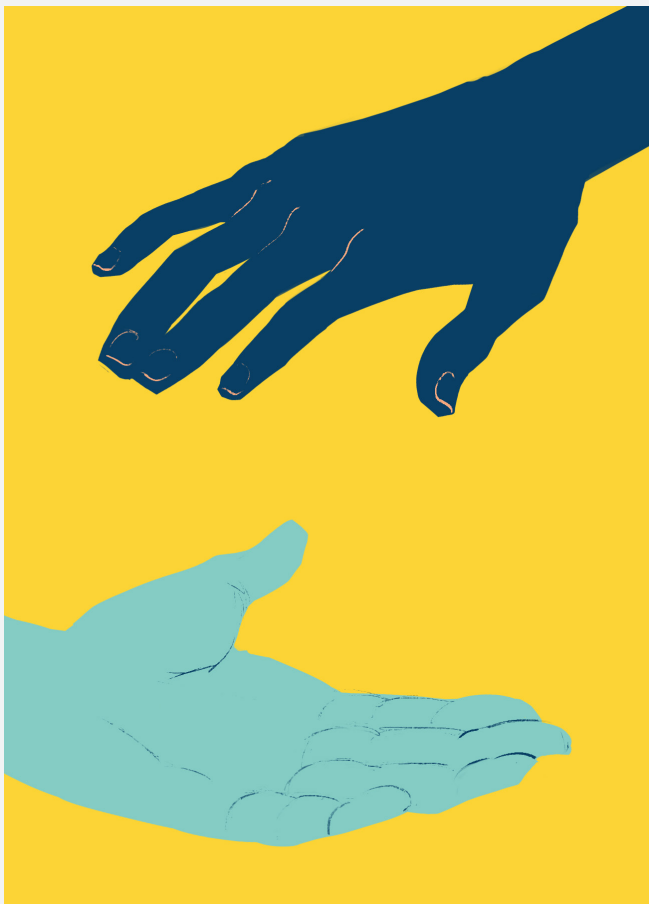
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## What help is available?

Adis 24/7 Alcohol and Drug Support is a 24 hour, 7 day a week confidential support service for people in Queensland with alcohol and other drug concerns, their families and health professionals.

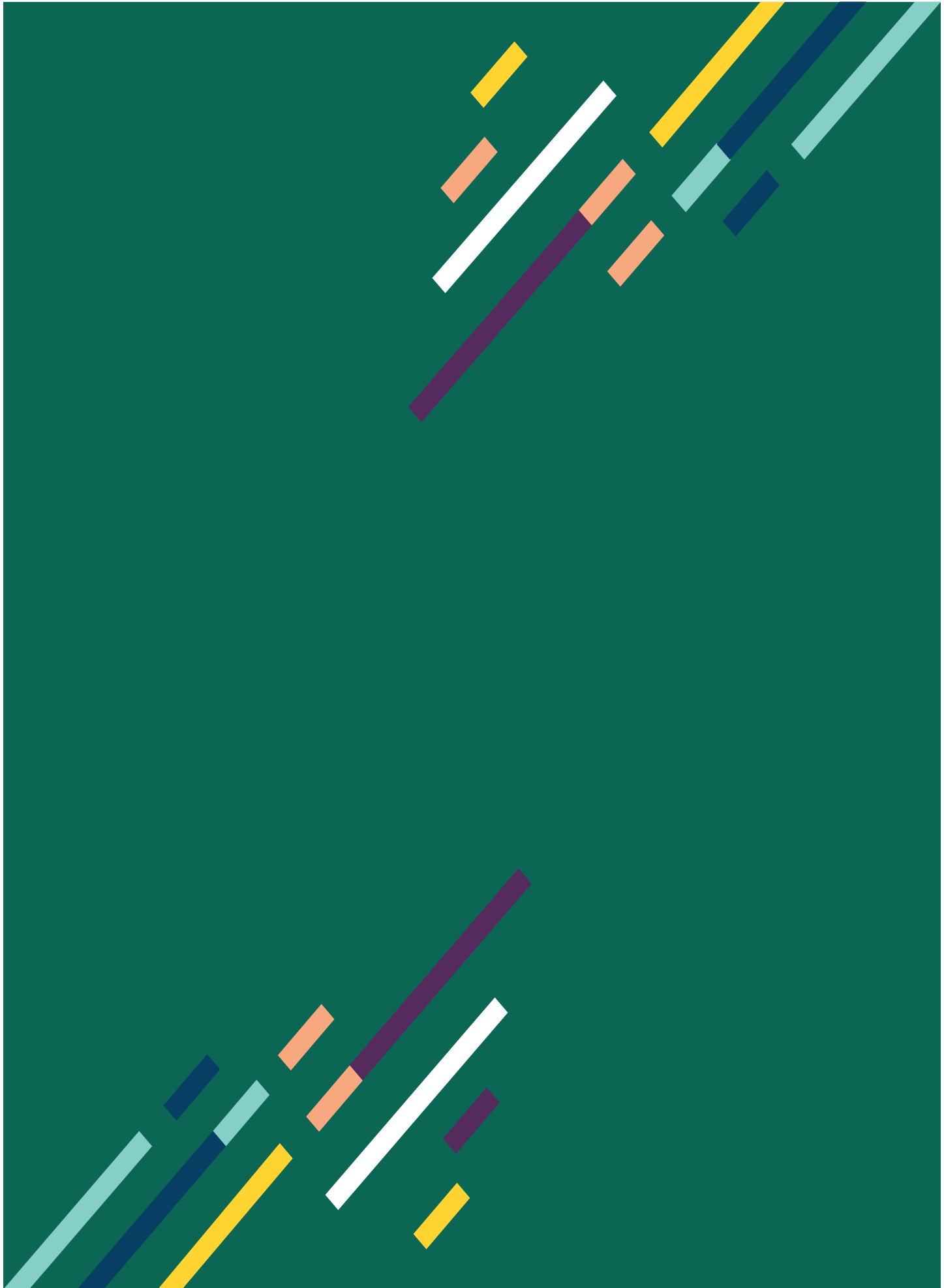
**Talk to us. Anytime, anywhere.**  
**1800 177 833**



Information in this resource is intended as a guide only. Although care is taken to ensure the accuracy of all information included, Queensland Health accepts no responsibility for the way this resource is used, or changes to service details.

Listing of services does not imply recommendation or endorsement of these services. Quality of service is the responsibility of the individual service providers.

**Version 1.0 - Current as of 05/06/2025**



**adis**

**24/7**  
ALCOHOL  
AND DRUG  
SUPPORT

[adis.health.qld.gov.au](https://adis.health.qld.gov.au)

 **1800 177 833**  
(free call)

