



# Alcohol and Drug Withdrawal Management and Rehabilitation Services



Version 1.1 - Current as of 25/02/2022

**adis**

24/7  
ALCOHOL  
AND DRUG  
SUPPORT

[adis.health.qld.gov.au](https://adis.health.qld.gov.au)

📞 **1800 177 833**  
(free call)



# Alcohol and Drug Withdrawal Management and Rehabilitation Services

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## About this booklet

It can be difficult for people to know where to start when seeking advice, support or treatment for substance use. There are many different treatment options available and this booklet provides specific information on withdrawal management and rehabilitation support services. This booklet is broken down into geographical areas within Queensland and may assist with locating services in your local area.

Information in this resource is intended as a guide only. Although care is taken to ensure the accuracy of all information included Queensland Health accept no responsibility for the way this resource is used, or changes to service details.

Listing of services does not imply recommendation or endorsement of these services. Quality of service is the responsibility of the individual service providers.

Unfortunately, there can be 'wait times' before commencing with a service, or there may be temporary services changes due to COVID-19. Please contact the listed service directly to discuss options that might suit your needs. Alternatively, if you need further information or immediate support call Adis 24/7 Alcohol and Drug Support on 1800 177 833.

This Alcohol and Drug Withdrawal Management and Rehabilitation Services booklet has been developed by Adis 24/7 Alcohol and Drug Support.

**Version 1.1 - Current as of 25/02/2022**

## What should I do in an emergency?

If someone has collapsed or lost consciousness, call an ambulance on **triple zero (000)**. If they have stopped breathing commence CPR. If they are breathing normally place them into the recovery position and wait with them until the ambulance arrives.

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# Alcohol and Drug Withdrawal Management and Rehabilitation Services

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## Withdrawal Management

also called 'withdrawal' or 'detox'

### Understanding Withdrawal Management

#### What is it and how it can help

Withdrawal management provides support for people when they are stopping or cutting back their use of alcohol or other drugs and can help people manage their withdrawal symptoms.

Withdrawal management as a stand alone treatment has limited effectiveness and treatment outcomes are enhanced when people engage in further treatment such as counselling or rehabilitation services.

**Withdrawing from alcohol or benzodiazepines without medical supervision can be life-threatening and people are encouraged to seek medical advice and support.**

#### What to expect

People can feel unwell during a withdrawal and may require medical treatment which could include the use of prescribed medications to help people cope with their withdrawal symptoms. Treatment usually takes between 5 - 7 days but it may be longer for some substances such as benzodiazepines.

During an inpatient withdrawal the person may be admitted to a hospital, or another treatment facility. During an outpatient withdrawal the person stays at home (or another safe place) with daily visits to a health professional. In some cases a GP may be able to manage an outpatient withdrawal. To find out more about which setting is most suitable speak to your GP, local alcohol and drug service, or contact Adis 24/7 Alcohol and Drug Support on 1800 177 833.

## Things to consider when choosing a Withdrawal Management Service

- Is it an outpatient or inpatient service?
- How long is the withdrawal management program?
- What is the assessment process and is a referral from a doctor needed?
- What are the costs and is there a fee?
- Do I need to live in a particular area to access the service?
- Is public transport nearby? If not, how do I get there?
- Are there any exclusions?
- Is there follow up support after completing the withdrawal management?

## Other things to consider if choosing an inpatient Withdrawal Management Service

- Is it smoking or non-smoking and or is nicotine replacement therapy offered?
- Can I bring my children or can they visit?
- Are there restrictions on other visitors, phone calls, or leave away from the service?
- Are there any restrictions on personal devices e.g. mobile phones, tablets / iPads, laptops?

## Withdrawal Management Services Key Information Guide

Although withdrawal management programs can be similar they each have their own entry requirements and exclusions. The symbols below are provided as a guide only.

- ♂ = Male admission
- ♀ = Female admission
- ♂♀ = Transgender admission
- 🇦🇺 = Aboriginal and Torres Strait Islander
- 🇮🇺 = Service
- 🕒 = Age range
- 🟢 = Youth friendly service
- 📅 = Length of program
- 🚬 = Designated smoking areas
- 💰 = Cost
- 🚫 = Exclusions
- 📞 = Phone during these times for admission information
- 🚫💊 = Restrictions on prescribed medications e.g. Methadone / Suboxone



## Withdrawal Management Services

### Qld Health Alcohol and Other Drug Services (AODS)

Queensland Health AODS provide confidential support for people with alcohol and other drug concerns and may offer withdrawal management programs. To find or learn more about your closest Qld Health AODS and the services they provide contact Adis 24/7 Alcohol and Drug Support on 1800 177 833.

### Brisbane

#### Biala Acute Care Service

Brisbane.

📞 (07) 3837 5600 | Mon - Sun | 9:00am - 4:30pm

♂♀🕒 **16+** 📅 **7 days** 💰 **Free.**

**Additional notes:** Outpatient.

#### Hospital Alcohol and Drug Service (HADS)

Royal Brisbane and Women's Hospital.  
Herston.

📞 Contact Adis on 1800 177 833

Mon - Sun | 8:00am - 7:00pm

♂♀🕒 **18+** 📅 **7 days** 💰 **Free.**

**Additional notes:** Inpatient.

#### Brisbane Recovery Services Centre - Moonyah (Salvation Army)

Red Hill.

📞 (07) 3369 0355 | Mon - Fri | 8:00am - 4:00pm

♂♀🕒 **18+** 📅 **7 - 10 days** 💰 **Free.**

🚫 History of seizures or high-level benzodiazepine or methadone/buprenorphine use.

**Additional notes:** Inpatient.

#### Clarence Street

Mater Young Adult Health Centre.  
South Brisbane.

📞 (07) 3163 8400 | Mon - Fri | 8:00am - 4:30pm

♂♀🕒 **13 - 21** 📅 **11 days** 💰 **Free.**

# Withdrawal Management Services

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## Caboolture

### Lives Lived Well

Caboolture.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀ ♂ AGE 18+ 📅 5 days 💰 Free.

**Additional notes:** Outpatient.

## Gold Coast

### Gold Coast Recovery Services Centre - Fairhaven (Salvation Army)

☎ 1300 111 827 | Mon - Fri | 8:30am - 3:45pm

♀ ♂ AGE 18+ 📅 7 - 14 days 💰 Free.

⚠ History of seizures or high-level benzodiazepine or methadone/buprenorphine use.

**Additional notes:** Inpatient withdrawal management for those with low to moderate needs.

### QulHN Community Withdrawal Program

Gold Coast.

☎ (07) 5520 7900 | Mon - Fri | 9:00am - 5:00pm

♀ ♂ AGE 18+ 📅 7 - 14 days 💰 Free (Some costs for medications).

**Additional notes:** Outpatient withdrawal management for those with predicted mild to moderate withdrawal needs. For Gold Coast residents only. Admission criteria to be discussed in detail during the intake assessment.

## Wide Bay-Burnett

### Bridges Health and Community Care

Bundaberg and Fraser Coast.

☎ 1800 263 274 | Mon - Fri | 8:30am - 5:00pm

♀ ♂ AGE 16+ 📅 7 - 14 days 💰 Free.

**Additional notes:** Outpatient shared care withdrawal management with the clients GP and Bridges Health and Community Care nurse.

## Central Queensland

### Binbi Yadubay – Healthy Beginnings (Lives Lived Well)

Rockhampton.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀ ♂ AGE 18+ 📅 5 - 10 days

**Additional notes:** Inpatient withdrawal management and Centrelink payment option to be discussed at intake assessment.

### Gumbi Gumbi Aboriginal and Torres Strait Islanders Corporation

Rockhampton.

☎ (07) 4922 8355 | Mon - Wed | 8:00am - 4:00pm

♀ ♂ 🇦🇺 🇹🇷 AGE 18+ 📅 7 - 14 days

💰 \$250 per week.

**Additional notes:** Inpatient 2 bed withdrawal management for those with mild to moderate needs. Aboriginal and Torres Strait Islander service but open to all people.

### Lives Lived Well

Mackay.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀ ♂ AGE 18+ 📅 5 days 💰 Free.

**Additional notes:** Outpatient.

## North and Far North Queensland

### Stagpole Street Drug and Alcohol Rehabilitation Unit (Uniting Care)

Townsville.

☎ (07) 4722 7130 | Mon - Fri | 8:00am - 4:30pm

♀♂ 🇦🇺 🇸🇮 🇵🇹 18+ 📅 5 days

💰 **Self-funded or via Centrelink payment.**

**Additional notes:** Inpatient 4 bed withdrawal management for those with mild to moderate needs. Aboriginal and Torres Strait Islander service but open to all people.

### Townsville Recovery Services Centre (Salvation Army)

Garbutt (Townsville).

☎ (07) 4772 3607 | Mon - Fri | 8:00am - 4:00pm

♀♂ 📅 18+ 📅 5 - 10 days 💰 **Free.**

🚫 History of seizures or high-level benzodiazepine or methadone/buprenorphine use.

**Additional notes:** Inpatient.

### Cairns Day Withdrawal Unit

Cairns.

☎ (07) 4226 3900 | Mon - Fri | 8:00am - 4:30pm

♀♂ 📅 18+ 📅 14 days 💰 **Free.**

**Additional notes:** Outpatient day withdrawal management for alcohol only.

### Lives Lived Well

Cairns.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂ 📅 18+ 📅 5 days 💰 **Free.**

**Additional notes:** Outpatient.

## Private Withdrawal Management Services

### Brisbane and surrounds

#### Damascus Health Services - Brisbane Private Hospital

Spring Hill.

☎ (07) 3834 6475 | Mon - Sun | 7:00am - 4:00pm

♀♂ 📅 18+ 📅 14 days

💰 **Self-funded approx \$1200 per day or Private Health funded with pre-admission costs / DVA / WorkCover Queensland.**

**Additional notes:** Alcohol or prescription medications only. No Illicit substances.

#### Ramsay Clinic New Farm

New Farm.

☎ (07) 3254 9100 | Mon - Fri | 9:00am - 5:00pm

♀♂ 📅 17+ 📅 7 - 21 days

💰 **Self-funded approx \$9000 per week or Private Health / DVA / WorkCover Queensland.**

**Additional notes:** Alcohol or prescription medications only. Illicit substances may be considered on a case by case basis.

#### Pine Rivers Private Hospital

Strathpine.

☎ (07) 3881 7222 | Mon - Fri | 8:00am - 4:00pm

♀♂ 📅 18+ 📅 5 days+

💰 **Self-funded or Private Health / DVA / WorkCover Queensland.**

**Additional notes:** Referral from a GP or Psychiatrist required.



# Withdrawal Management Services

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## Gold Coast

### Currumbin Clinic

Currumbin.

☎ 1800 119 118 | Mon - Fri | 7:30am - 5:00pm

♀♂  **18+**  **5 days+**

💰 **Private Health / DVA / WorkCover Queensland.**

## Sunshine Coast

### Ramsay Clinic Caloundra

Caloundra.

☎ (07) 5491 1522 | Mon - Fri | 8:30am - 4:00pm

♀♂  **16+**  **5 - 10 days**

💰 **Self-funded approx \$1000 per day or  
Private Health / DVA / WorkCover Queensland.**

## Withdrawal Management Notes:

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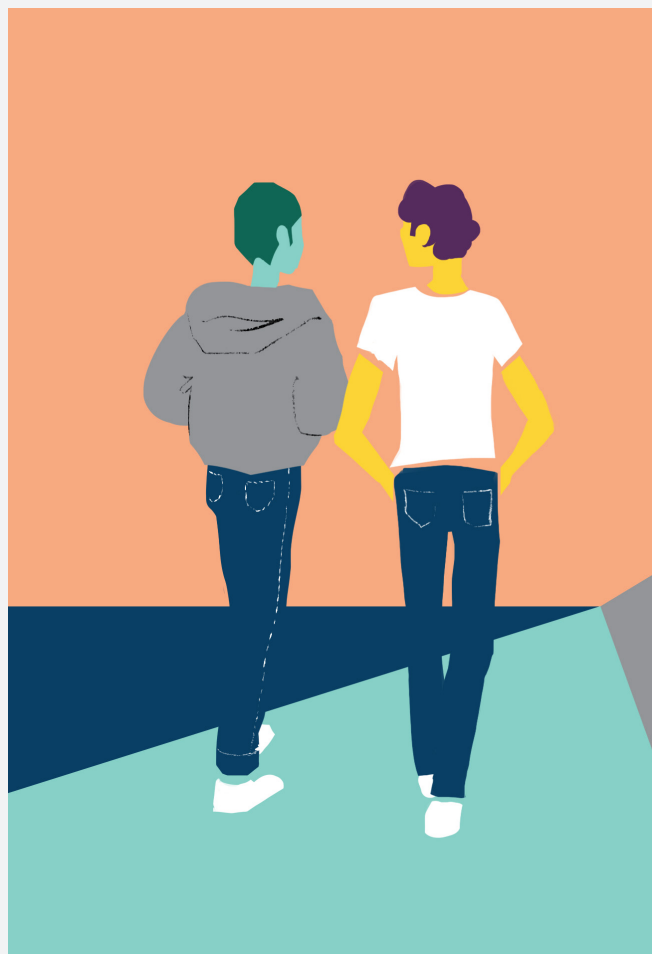
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## Rehabilitation Services

also called 'rehab'

### Understanding Rehabilitation

#### What is it and how can it help

Rehabilitation offers intensive and structured treatment for people who are experiencing significant harms due to their alcohol or other drug use.

Rehabilitation focuses on relearning life skills and coping without the use of alcohol and or other drugs. There can be different approaches which vary between rehabilitation services but they usually include a mix of one-on-one, counselling, group work, peer support meetings, and team / community building exercises.

Rehabilitation can help people focus their energy on positive lifestyle changes and take some 'time out' while they work on their alcohol or drug concerns.

#### What to expect

Rehabilitation can be offered as a 'residential' or 'non-residential' program and requires a commitment from people to remain abstinent from all substances. Rehabilitation is a longer term treatment, usually between 6 weeks and 12 months. In a residential rehab a person lives in the treatment facility which provides 24 hour support.

Non-residential rehab (sometimes called 'Dayhab') offers daily, intensive, and structured treatment for people who wish to remain living at home.

Prior to attending a rehabilitation program, a person is required to complete a withdrawal management / detoxification. For information on withdrawal management options, please refer to page 3 in this booklet, or contact Adis 24/7 Alcohol and Drug Support on 1800 177 833.

### Things to consider when choosing a Rehabilitation Service















- Is it a residential or non-residential (e.g. Dayhab) program?
- How long is the program?
- What is the assessment process?
- What are the costs and is there an upfront fee?
- Do I need a referral from a GP / Psychiatrist?
- Are individual counselling sessions provided?
- Do I need to live in a particular area to access the service?
- What are the rules I need to abide by to be part of the program?
- Is public transport nearby? If not, how do I get there?

### Other things to consider if choosing a Residential Rehabilitation Service

- What do I need to bring?
- Do I get my own room?
- Can I bring my children, or can they visit?
- Are there restrictions on other visitors, phone calls, or leave away from the service?
- Are there restrictions on personal devices e.g. mobile phones, tablets / iPads, laptops?

## Rehabilitation Services Key Information Guide

Although rehabilitation programs can be similar, they each have their own entry requirements and exclusions. The symbols below are provided as a guide only

-  = Male admission
-  = Female admission
-  = Transgender admission
-  = Families
-  = Aboriginal and Torres Strait Islander Service
-  = Age range
-  = Youth Friendly Service
-  = Length of program
-  = Faith-based program
-  = Designated smoking areas
-  = Cost
-  = Exclusions
-  = Phone during these times for admission information
-  = Restrictions on prescribed medications e.g. Opioids or Opioid Treatment Program (OTP), Benzodiazepines, Valium.

## Residential Rehabilitation Services

### Brisbane

#### Queensland Aboriginal Islander Alcohol and Drug Service

New Farm.

 (07) 3358 5111 | Mon - Sun | 24hrs

    **18+**  **3 months +**

 **\$520 per fortnight.**

**Additional notes:** Aboriginal and Torres Strait Islander service but open to all people.

#### Clarence Street - Thread Program

Mater Young Adult Health Centre.

South Brisbane.

 (07) 3163 8400 | Mon - Fri | 8:00am - 4:30pm

    **13 - 17**  **1 - 3 months**  **Free.**

#### Lucinda House (St Vincent de Paul Society)

Fairfield.

 (07) 3213 2401 | Mon - Fri | 7:30am - 3:30pm

   **18+**  **3 months**

 **\$400 per fortnight or via Centrelink payment.**

#### Brisbane Recovery Services Centre - Moonyah (Salvation Army)

Red Hill.

 (07) 3369 0922 | Mon - Fri | 8:00am - 4:00pm

   **18+**  **3 months+** 

 **via Centrelink payment.**

 **Convicted of sex offences.**

#### The Haven (St Vincent de Paul Society)

Woolloongabba.

 (07) 3035 6600 | Mon - Fri | 7:30am - 3:30pm

  **18+**  **3 months+** 

 **\$400 per fortnight or via Centrelink payment.**

## Caboolture

### Lives Lived Well WUNYA

Caboolture.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂ AGE 18+ 📅 6 - 12 weeks

💰 Upfront admission fee and 85% of Centrelink benefit or self-funded.

🚫 Convicted of violent or sex offences.

## Logan

### Logan House (Lives Lived Well)

Chambers Flat.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂ AGE 18+ 📅 6 - 12 weeks

💰 via Centrelink payment.

🚫 Convicted of violent or sex offences.

**Additional notes:** Includes transitional housing program on exit. Now accepting people who are engaged in Opioid Replacement Therapy (Conditions apply).

### Logan Family Recovery (Lives Lived Well)

Chambers Flat.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

👤 Parents with up to 2 children aged 9 & under  
📅 3 months

💰 via Centrelink payment.

🚫 Convicted of violent or sex offences.

## Gold Coast

### Gold Coast Recovery Services Centre - Fairhaven (Salvation Army)

☎ 1300 111 827 | Mon - Fri | 8:30am - 3:45pm

♀♂ AGE 18+ 📅 12 weeks+ 🏠

💰 via Centrelink payment. 🚫

🚫 Convicted of violent or sex offences.

### Goldbridge

Southport.

☎ (07) 5503 1255 | Mon - Fri | 8:00am - 5:00pm

♀♂ AGE 21+ 📅 1 - 6 months

💰 490 per fortnight or via Centrelink payment.

### Mirikai (Lives Lived Well)

Burleigh Heads.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂ AGE 18 - 35 📅 6 - 12 weeks

💰 via Centrelink payment.

🚫 Convicted of violent or sex offences.

## Sunshine Coast

### WHOS Najara - Sunshine Coast

Nambour.

☎ (07) 5476 0877 | Mon - Fri | 9:00am - 4:00pm

♀♂ AGE 18+ 📅 4 - 6 months 🏠

💰 via Centrelink payment.

## Ipswich, Toowoomba and surrounds

### Ipswich Alcohol Rehabilitation Centre (St Vincent de Paul Society)

Ipswich.

☎ (07) 3813 4700 | Mon - Fri | 7:30am - 3:30pm

♂ ♀ AGE 18+ 📅 3 months+ 📄 📖

💰 \$400 per fortnight or via Centrelink payment.

### Teen Challenge (New Life Centre)

Toowoomba.

☎ (07) 3422 1500 | Mon - Fri | 9:00am - 4:00pm

**Males and females in separate facilities.**

♀ ♂ AGE 18 - 39 ♂ AGE 18 - 45 🟢

📅 3 - 12 months 📄

💰 \$ Upfront admission fee + Centrelink payment.

### Sunrise Way

Toowoomba.

☎ (07) 4638 9091 | Mon - Fri | 9:00am - 5:00pm

♀ ♂ AGE 18+ 📅 24 weeks

💰 \$ Self funded with pre-admission costs or via Centrelink payment. 📄 📖

### Grace Homestead Recovery Centre

Lockyer Valley.

☎ 0492 821 446 | Mon - Fri | 9:00am - 4:30pm

♀ 👤 **Mothers with children, pregnant women.**

📅 6 - 12 months

💰 \$ Self funded or via Centrelink payment. 📄 📖

**Additional notes:** Drug and Alcohol Rehabilitation and Domestic Violence support program for mothers with children in their care.

## Central Queensland

### Binbi Yadubay – Healthy Beginnings (Lives Lived Well)

Rockhampton.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀ ♂ AGE 18+ 📅 6 - 12 weeks

**Additional notes:** Centrelink payment option to be discussed at intake assessment. A family residential support unit is due to be opened by March 2022. To enquire about the family residential support unit call Lives Lived Well on 1300 727 957.

### Gumbi Gumbi Aboriginal and Torres Strait Islanders Corporation

Rockhampton.

☎ (07) 4922 8355 | Mon - Wed | 8:00am - 4:00pm

♀ ♂ 🇺🇸 🇸🇮 AGE 18+ 📅 2 - 12 weeks 📄 📖

💰 \$500 per fortnight.

**Additional notes:** Aboriginal and Torres Strait Islander service but open to all people.

### St Vincent de Paul Society Drug and Alcohol Residential Recovery Service

Mackay.

☎ (07) 4957 9500 | Mon - Sun | 24hrs

♀ ♂ AGE 18+ 📅 12 weeks 📄 📖

💰 \$400 per fortnight or via Centrelink payment.



🚫 Convicted of violent or sex offences.

## North and Far North Queensland

### St Vincent de Paul Society Drug and Alcohol Residential Recovery Service Townsville

Kelso (Townsville).

☎ (07) 4417 4501 | Mon - Fri | 8:00am - 4:00pm

♀ ♂ AGE 18+ 📅 3 months 📄 📖

💰 \$400 per fortnight or via Centrelink payment.

🚫 Convicted of violent or sex offences.

## Stagpole Street Drug and Alcohol Rehabilitation Unit (Uniting Care)

Townsville.

☎ (07) 4722 7130 | Mon - Fri | 8:00am - 4:30pm

♀♂ 🇦🇺 🇳🇵 🕒 18+ 📅 3 months+

💰 via Centrelink payment. 🚫

**Additional notes:** Aboriginal and Torres Strait Islander service but open to all people.

## Salvos Therapeutic Adolescent Intensive Recovery Service - STAIRS (Salvation Army)

Garbutt (Townsville).

☎ (07) 4772 3607 | Mon - Fri | 8:00am - 4:00pm

♀♂ 🇦🇺 🕒 16 - 20 📅 3 months 📄

💰 via Centrelink payment.

🚫 Convicted of violent or sex offences.

## Townsville Recovery Services Centre (Salvation Army)

Garbutt (Townsville).

☎ (07) 4772 3607 | Mon - Fri | 8:00am - 4:00pm

♀♂ 🕒 18+ 📅 3 - 10 months

💰 625 per fortnight or via Centrelink payment.

🚫 Convicted of violent or sex offences.

**Additional notes:** Wheelchair access and will take persons recently released from prison.

## Mount Isa Recovery Services Centre (Salvation Army)

Mt Isa.

☎ (07) 4749 2553 | Mon - Fri | 8:30am - 5:00pm

♀♂ 🇦🇺 🇳🇵 🕒 18+

💰 300 per fortnight or via Centrelink payment.

**Additional notes:** Aboriginal and Torres Strait Islander service but open to all people.

## Gindaja - Treatment and Healing Centre

Yarrabah.

☎ (07) 4056 9000 | Mon - Thu | 8:00am - 5:00pm

♀♂ 🇦🇺 🕒 18+ 📅 12 weeks

💰 200 per fortnight.

**Additional notes:** Aboriginal and Torres Strait Islander service but open to all people.

## Shanty Creek (Lives Lived Well)

Mareeba.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂ 🇦🇺 🇳🇵 🕒 18+ 📅 12 - 16 weeks

💰 Upfront admission fee and 80% of Centrelink benefit or self-funded.

🚫 Convicted of violent or sex offences.

## Ferdy's Haven

Palm Island.

☎ (07) 4770 1745 | Mon - Fri | 8:00am - 5:00pm

♀♂ 🇦🇺 🇳🇵 🕒 18+ 📅 6 - 12 weeks

💰 via Centrelink payment.

**Additional notes:** Aboriginal and Torres Strait Islander service but open to all people.

## St Vincent de Paul Society Drug and Alcohol Residential Recovery Service

Cairns.

☎ (07) 4036 5300 | Mon - Sun | 24hrs

♀♂ 🕒 18+ 📅 12 weeks 📄

💰 400 per fortnight or via Centrelink payment.

🚫 Convicted of violent or sex offences.

## Gidgee Healing - Normanton Recovery and Community Wellbeing Service

Normanton.

☎ (07) 4745 2700 | Mon - Fri | 8:45am - 5:00pm

♀♂ 🇦🇺 🇳🇵 📅 3 - 6 months 📄

💰 300 per fortnight. 🚫

**Additional notes:** Contact service for essential eligibility criteria.

## Cape York Family Centre (Uniting Care)

Cooktown.

☎ (07) 4082 2420 | Mon - Fri | 9:00am - 4:00pm

♀♂ 🇦🇺 🇳🇵 📅 4 - 6 months 📄

💰 Approx \$200 per week. 🚫

**Additional notes:** Contact service for essential eligibility criteria.


## Private Rehabilitation Services


### Brisbane

#### Damascus Health Services - Brisbane Private Hospital

Spring Hill.

☎ (07) 3834 6475 | Mon - Sun | 8:00am - 5:00pm

♀♂  18+  2 weeks

💰 **Self-funded approx \$1200 per day or Private Health funded with pre-admission costs / DVA / WorkCover Queensland.** 

**Additional notes:** Alcohol or prescription medications only. No Illicit substances.

### Gold Coast

#### Currumbin Clinic

Currumbin.

☎ 1800 119 118 | Mon - Fri | 7:30am - 5:00pm

♀♂  18+  3 weeks

💰 **Private Health / DVA / WorkCover Queensland.**

### Sunshine Coast

#### Ramsay Clinic Caloundra

Caloundra.

☎ (07) 5491 1522 | Mon - Fri | 8:30am - 4:00pm

♀♂  16+  2 weeks

💰 **Self-funded approx \$1000 per day or Private Health / DVA / WorkCover Queensland.**

## Non-Residential Rehabilitation Services, also called 'Dayhab'

### Brisbane

#### Springboard

Spring Hill.

☎ (07) 3308 4513 | Mon - Fri | 8:00am - 5:00pm

♀♂  18+  6 weeks+  **Free.**

**Additional notes:** The program runs three days per week (Tues, Wed and Thurs) from 9:00am to 3:00pm. Available to people aged 18+ who reside in the Metro North or South Brisbane Health Service catchment areas and have completed a supervised withdrawal management, or are stabilised on an opiate replacement therapy.

#### Lives Lived Well DAY REHAB

Woolloongabba, South Brisbane.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂  18+  5 weeks  **Free.**



**Additional notes:** The dayhab is a three-week program with one week of pre support and one week of post support.

### Caboolture

#### Lives Lived Well DAY REHAB

Caboolture.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂  18+  5 weeks  **Free.**

**Additional notes:** The dayhab is a three-week program with one week of pre support and one week of post support.

### Ipswich

#### Drug ARM

Ipswich.

☎ (07) 3620 8880 | Mon - Fri | 9:00am - 4:00pm

♀♂  18+  12 weeks  **Free.**

**Additional notes:** The program runs from Monday to Wednesday from 9:30am to 2:30pm with 1 hour of case management on Thursday or Friday.






## Toowoomba

### Lives Lived Well DAY REHAB

Toowoomba.

☎ 1300 727 957 | Mon - Tues and Thur - Fri  
8:30am - 5:00pm

♀♂  **18+**  **5 weeks**  **Free.**

**Additional notes:** The dayhab program runs four days a week (Mon, Tues, Thurs and Fri) from 8:30am to 4:30pm.

## South West Queensland

### Drug ARM

Roma.

☎ (07) 3620 8880 | Mon - Fri | 9:00am - 4:00pm

♀♂  **18+**  **12 weeks**  **Free.**



**Additional notes:** The program runs from Monday to Wednesday from 9:00am to 2:00pm with 1 hour of case management on Thursday or Friday.

## Wide Bay-Burnett

### Bridges Health and Community Care 180 DAY REHAB

Bundaberg.

☎ 1800 263 274 | Mon - Fri | 8:30am - 5:00pm

♀♂  **16+**  **6 weeks**  **Free.**

**Additional notes:** The dayhab is a six-week program with 2 weeks of post support.

## Central Queensland

### Lives Lived Well DAY REHAB

Rockhampton.

☎ 1300 727 957 | Mon - Wed | 8:30am - 5:00pm

♀♂  **12 - 21**  **5 weeks**  **Free.**

**Additional notes.** The dayhab program times vary depending on age group and day. Contact Lives Lived Well on 1300 727 957 for details.

### Lives Lived Well DAY REHAB

Mackay.

☎ 1300 727 957 | Mon - Fri | 8:30am - 5:00pm

♀♂  **18+**  **5 weeks**  **Free.**





# Alcohol and Drug Withdrawal Management and Rehabilitation Services

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## Rehabilitation Services Notes:

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## What help is available?

Adis 24/7 Alcohol and Drug Support is a 24 hour, 7 day a week confidential support service for people in Queensland with alcohol and other drug concerns, their families and health professionals.

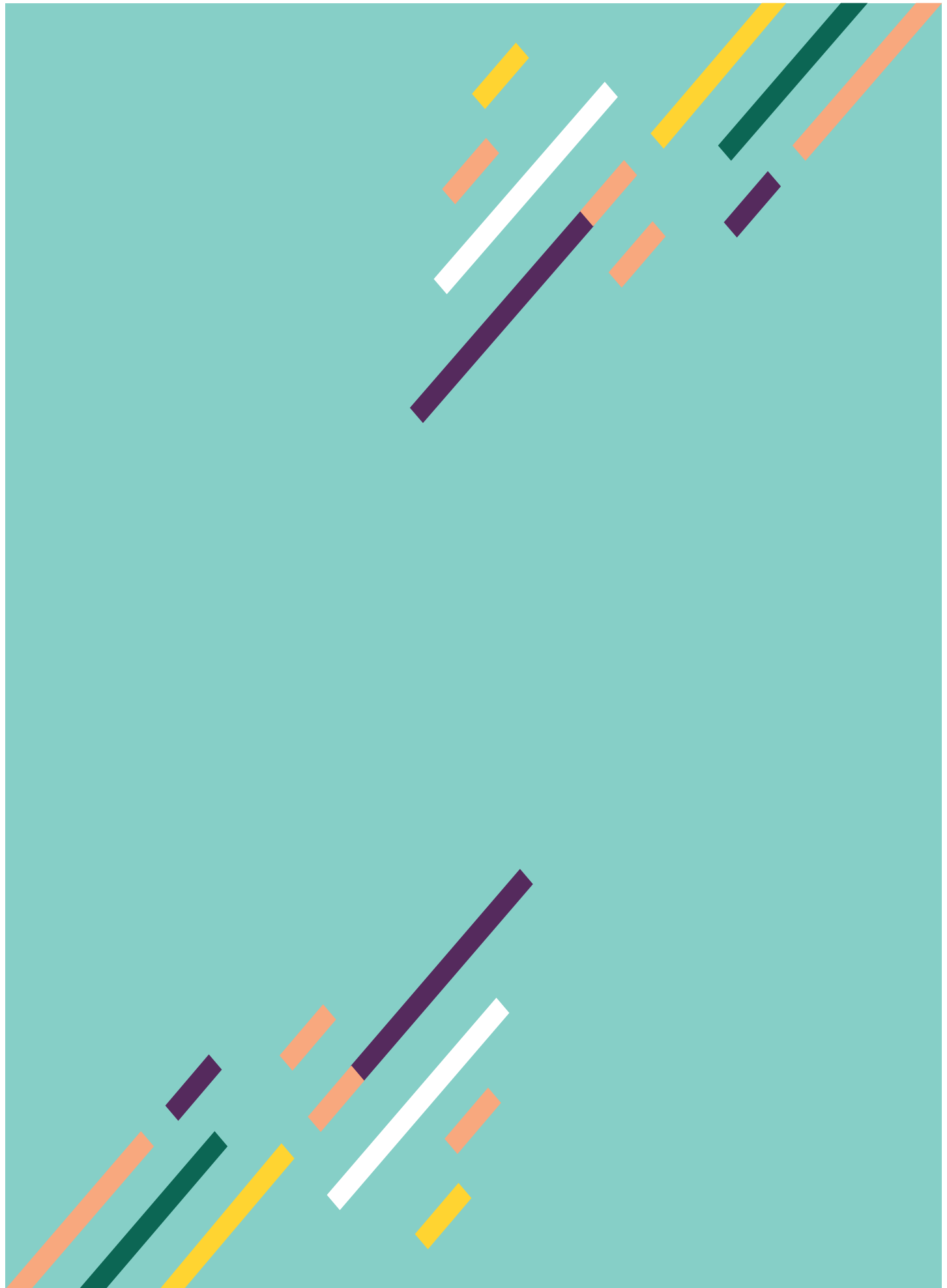
**Talk to us. Anytime, anywhere.**  
**1800 177 833**



This Alcohol and Drug Withdrawal Management and Rehabilitation Services booklet has been developed by Adis 24/7 Alcohol and Drug Support.

**Version 1.1 - Current as of 25/02/2021**





**adis**

**24/7  
ALCOHOL  
AND DRUG  
SUPPORT**

**[adis.health.qld.gov.au](https://adis.health.qld.gov.au)**

**☎ 1800 177 833**  
(free call)

