

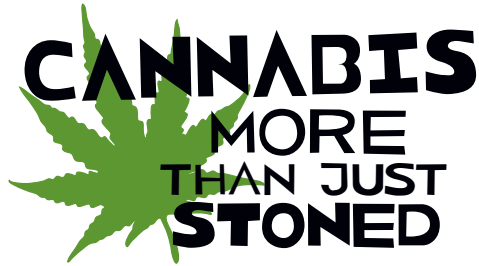
# CANNABIS: MORE THAN JUST STONED



**ncpic**  
national cannabis  
prevention and  
information centre

**What is cannabis?**





**What is cannabis?**



**Cannabis can make you relax  
and talk a lot**



neel

**It can also make you feel hungry,  
have red eyes, and a dry mouth  
and throat**



**COUGH  
COUGH**



**Cannabis is bad for your lungs.  
It can even give you cancer**



**STUFF I  
WANT TO  
REMEMBER**

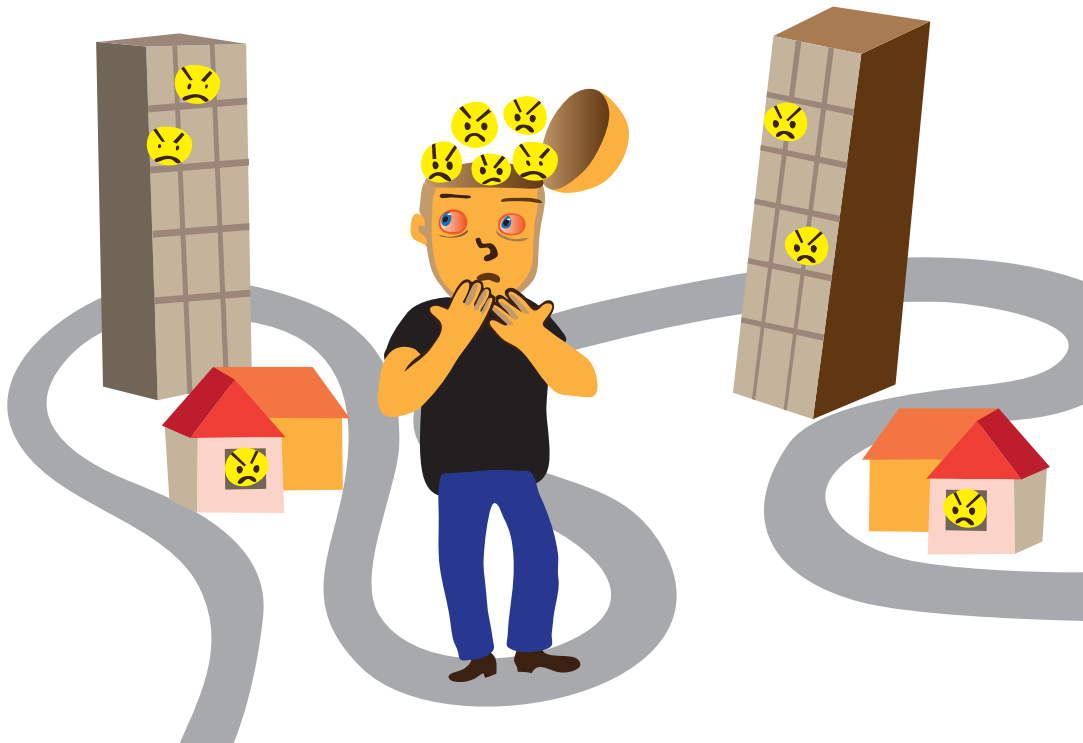
**EMPTY**


**Using cannabis can make it hard  
to learn and remember things**





**Sometimes cannabis can make  
people feel worried or scared**





**Using cannabis can make you see,  
hear or feel things that aren't there  
or believe things that aren't true**





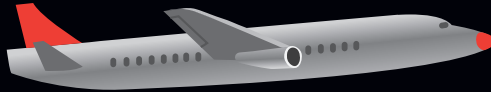


**Cannabis affects your brain  
and your ability to do things  
like driving, safely**



**You can also get hooked on  
(addicted to) it, and it can make  
you not want to do things like  
study, work or see your friends**





**People who don't use cannabis  
are more likely to finish school and  
find it easier to achieve their goals**



**Cannabis can make people talkative, sleepy, relaxed and hungry**

Cannabis can give people the munchies (wanting to eat fatty and sugary foods)

**It is illegal to drive when using cannabis and drivers are two to three times more likely to have a motor vehicle crash**

**Cannabis is linked to mental health problems like anxiety, depression and schizophrenia**

People who use cannabis a lot are less likely to finish school or do more study

**Smoking cannabis increases the risk of lung and chest problems, including cancer**

People with a family member who has a mental health problem are more likely to develop a similar problem if they use cannabis

This resource is part of a series that provides cannabis-related information in an easy-to-read format. You can order all the titles at no charge from our website.

- What is cannabis?
- Cannabis and the law
- Cannabis and pregnancy
- Cannabis and addiction